

LESSON 10 SNAPSHOT

BOTTOM LINE: Faith in God brings joy and happiness!

TAGLINE: How are you feeling?

OBJECTIVE: Little ones will learn, “I can have joy when I put my trust in Jesus.”

KEY PASSAGE: Psalm 84

MEMORY VERSE: “Lord who rules over all, blessed is the person who trusts in you.”
Psalm 84:12 (NIV)

SUMMARY: In this psalm, the writer is filled with joy thinking about dwelling in the house of the Lord. The writer describes the peace and joy of being in the Lord’s presence and how those who put their hope in God can experience that joy even as they journey to be there. The author ends this psalm by reminding us that all who put their trust in God are blessed.

SIMPLE PRAYER:

Dear Jesus (Dear Jesus),
Thank you for (Thank you for)
Giving me joy (Giving me joy).
Amen (Amen)

SPECIAL 1 PAGE LESSON FOR 1 AND 2 YEAR OLDS:

PLAY TIME: Spend the first 15 minutes on the floor playing with the kids. Cars, dolls, blocks, and simple puzzles are great for this time.

BIBLE TIME: Seat the kids in the place they will be having snack. Hold up a Bible or Illustrated Kids' Bible and say, "This is the Bible. God wrote the Bible. Everything in the Bible is true." Then allow each child to pat the Bible with his hand.

LESSON: "Today we are talking about joy. When we believe in God and put our faith in Him, we will receive joy. Being in a relationship with God gives us happiness! This is because it is GOOD!"

MAKE IT REAL: After the lesson say, "I can have joy when I put my trust in Jesus!" Point to each child and say (child's name) "can have joy in Jesus."

PRAYER TIME: Ask the children to fold their hands and bow their heads. Say, "Let's pray before our snack. Thank you, God, for our families. Thank you for loving me. Thank you for this snack we get to eat. Amen."

SNACK TIME: Wash each child's hand with a wet wipe and then serve the snack. At this age crackers or goldfish with water are generally best, but you always want to be mindful of any food allergies.

POTTY BREAK: After snack is a great time to ask those who are potty trained if they need to use the bathroom, or change diapers of those who are not yet potty trained.

PLAY TIME: Finish the day with more playtime until it's time for dismissal.

MEMORY VERSE:

“Lord who rules over all, blessed is the person who trusts in you.” Psalm 84:12 (NIV)

LARGE GROUP MEMORY VERSE ACTIVITY:

“Lord who rules over all (spread arms out in front of you) blessed (put hands on cheeks and smile) is the person who trusts (put hands on heart) in you. (Point up at heaven.)”

Go through the verse hand motions with the kids one time. Then give them a chance to perform it without your help!

SMALL GROUP MEMORY VERSE ACTIVITY:

“A relationship with God is good! We begin to have faith in God when we realize that we can trust Him and that He is a loving Father. Once we put our trust in God, we will receive joy from Him! Just like our memory verse says, ‘blessed is the person who trusts in you.’”

Instruct the kids to hold hands in a circle. Tell them, “This is the circle of trust. It is a lot like when we put our trust in Jesus. Now everyone, hold hands and turn to the right. Now keep holding hands and turn to the left. Now go to the right again and go faster! Now faster. Now everyone let go and keep going faster! Uh oh! People are bumping into one another and falling down! Now stop. Everyone, stand up again and form a circle. Hold hands again and go to the left. Very good. Now sit down.”

“This circle of trust represents our relationship with God. When we held hands, we were in a close relationship with one another, but when we let go, we were apart from one another. Someone raise your hand, and tell me what happened when we let go! Yes, if we hold on to God and have a close relationship with Him in prayer, reading our Bibles, and going to church to learn about Him, we will have a close circle of trust. But if we stop having a close relationship with God, things can go very wrong. We might not know what direction to go, there is confusion, fear, and chaos. SO hold on to Jesus! Stay in a close relationship! This will bring you joy!”

PUPPET SHOW:

How are You Feeling?

ITEMS NEEDED: Party blowers (Tube with paper that rolls to blow like a horn.)

CHARACTER BREAKDOWN:

Dog Puppet - Willow

Kids - Audience

CHARACTERS:

Willow the Dog

Interactive Audience

Willow runs out waggy his tail. He waves to everyone and looks very happy!

WILLOW: Good Morning! It is so nice to be together again! How are you feeling? I hope you are feeling healthy and happy. If you aren't, I hope you feel better soon.

Willow runs off stage and then back on again. Off again, and back on again.

WILLOW: You are probably wondering what I'm doing. I'm running because I have a lot of energy today. Today I get to go to the beach. And when I'm at the beach, I'm very excited. I run and jump in the waves, I swim, I roll in the sand, I dig in the sand, I...I do it all! Do you guys like the beach?

Willow looks around at his friends.

WILLOW: What is your favorite part of the beach? Raise your hand to share.

Willow calls on some friends to share.

WILLOW: Just like being at the beach gives us joy and happiness, so does our relationship with God! When we trust in God, we no longer have to worry and this makes us happy to not have fears bothering us. We can have joy when we put our trust in Jesus!

Willow bounces up and down.

WILLOW: And when I'm feeling happy and joyful. I like to run and jump. Everyone stand up and do your biggest jump into the air! WAHOO!

Willow jumps a few times with the audience.

WILLOW: Awesome. Now, have a seat. I have something very special to give you. Everyone who is sitting will get one. Since today is our last day learning about the BIG BOOK OF EMOTIONS. I wanted to give you something to celebrate with.

Willow brings out a box of "party blowers" to share.

PUPPET SHOW PAGE 2:

WILLOW: I'm going to ask my adult friends to hand these out to you guys. Everyone sitting nicely will get one!

Willow takes one and holds it up to his mouth.

WILLOW: Since I'm a dog, I can't really blow on one of these. Our mouth is shaped differently than you kids. So I'm going to need you all to do this for me...since I can't. Once everyone has one of these on the count of 3 you can all blow them together.

Willow starts to jump up and down.

WILLOW: And while you are blowing your party horn, I will jump up and down to celebrate and run back and forth like this.

Willow runs back and forth.

WILLOW: This is the way that dogs celebrate. Are you guys ready? Does everyone have one? Okay, good. On the count of 3 now. 1....2....3...GO!

Willow jumps around and runs around while the audience blows their celebration horns.

WILLOW: WOW I'm tired! Everybody, STOP! I think we all need a rest, don't you? That was a lot of celebrating. If you would like to keep your special party blower, stay where you are seated and adults will come around and put your name on it. Then you will give it to them until the end of the day. At the end of the day you will be able to take it home with you and keep celebrating how Jesus loves you and you can trust Him! Hooray! I love you all! It has been so much fun! Have a wonderful day! BYE!

Willow waves and leaves the stage.

CRAFT

MAKE A JOYFUL NOISE Tambourine!

ITEMS NEEDED: Paper plates, markers, uncooked beans and rice, and colorful ribbon

ADVANCED PREPARATION: Put a small cup in the bean and rice bags so kids can get a cupful of each to fill their tambourine.

DIRECTIONS: Have kids decorate the bottom of two paper plates with markers. Then ask them to pick a few colorful ribbons that they would like to hang from their tambourine.

One at a time, have a kid come up and have the bottom of the plates (where they are decorated) facing out, put two plates together. Staple the bottom with ribbons attached. Then staple the sides. Use lots of staples all around so that things don't escape. Leave the top open and allow the kid to pour the rice and beans in. Then finish by stapling the very top.

HANDS-ON ACTIVITY

Shake to the music!

ITEMS NEEDED: Tambourine from craft

ADVANCED PREPARATION: Play kid worship music from phone, iPad, electronic device, etc.

DIRECTIONS: Begin by allowing kids to dance and play their tambourine to the music. Then stop the music. See if the kids can follow your lead. Shake a tambourine 3 times, and see if they can repeat what you do. Try all different sorts of rhythms. Try tapping the tambourines too. Then put the music back on and allow them to dance and play their tambourine how they would like.

Tell the kids, “The angels make a joyful noise to God just like we are! We have a lot to celebrate because we can put our trust in God and He loves us!”

SNACK

ITEMS NEEDED: Cupcakes (Consider Katz for GF, SF, DF, or a flax seed cupcake for an egg allergy.)

ADVANCED PREPARATION: Post a sign outside the preschool area that says: “Today’s snack is Cupcakes. Please let your child’s teacher know if it is not ok for your child to have this snack.”

CONNECTION: Tell the kids, “When we are filled with joy, we celebrate! Being in God’s presence gives us joy and peace! What better way to celebrate than with some cake!”

MAIN LESSON

Faith in God brings joy and happiness!

TAGLINE: How are you feeling?

OBJECTIVE: Little ones will learn, "I can have joy when I put my trust in Jesus."

KEY PASSAGE: Psalm 84

WORSHIP TIME:

Prior to the lesson, sing one or two songs with the kids. Use CDs or live lyrics of songs that the kids are familiar with.

LESSON:

Hi guys! How are you feeling? I hope you are feeling some joy today from our celebration. I feel joy in my heart because of Jesus. If it wasn't for him I would be feeling anything but joy. Maybe it would be fear, anger, or guilt. But because of Jesus, even when I feel difficult feelings, He helps me work through them and brings me back to joy! I get my joy from trusting Him. I feel joy because I am not worried about things like I used to be. I know that God has me in his hands! This is the best feeling to feel safe and loved like this. I hope you will put your trust in Jesus so that you can feel this joy too!

Today we are going to read about how David felt in his BIG BOOK OF EMOTIONS. As we read, I would like you to show some joy. Whenever you hear a joyful thing, a happy thing, a thing that sounds good, I want you to stand up and sit right back down again. You might be getting up a lot! Let's see how it goes!

READ:

- 1 Lord who rules over all,
 how lovely is the place where you live!
- 2 I can't wait to be in the courtyards of the Lord's temple.
 I really want to be there.
My whole being cries out
 for the living God.
- 3 Lord who rules over all,
 even the sparrow has found a home near your altar.
My King and my God,
 the swallow also has a nest there,
 where she may have her young.
- 4 Blessed are those who live in your house.
 They are always praising you.
- 5 Blessed are those whose strength comes from you.
 They have firmly decided to travel to your temple.
- 6 As they pass through the dry Valley of Baka,
 they make it a place where water flows.
 The rain in the fall covers it with pools.

MAIN LESSON

7 Those people get stronger as they go along,
until each of them appears in Zion, where God lives.

8 Lord God who rules over all, hear my prayer.
God of the people of Jacob, listen to me.

9 God, may you be pleased with your anointed king.
You appointed him to be like a shield that keeps us safe.

10 A single day in your courtyards is better
than a thousand anywhere else.

I would rather guard the door of the house of my God
than live in the tents of sinful people.

11 The Lord God is like the sun that gives us light.
He is like a shield that keeps us safe.

The Lord blesses us with favor and honor.
He doesn't hold back anything good
from those whose lives are without blame.

12 Lord who rules over all,
blessed is the person who trusts in you.

We are blessed when we trust in God because He fills us with joy and peace. We can feel happy and safe knowing that God is in control because God is good and perfect and He loves us! Even when difficult things happen in our lives, God works everything for our good. He turns difficult things into good so that we can learn, and grow, and become more like Jesus. And we know that one day we will be in God's house! That is something to celebrate!

You have been on quite a journey of EMOTIONS lately. We have learned about sadness, fear, anger, thankfulness, and more. No matter how you are feeling, God cares and He wants you to talk to Him about how you feel. He is listening and He is also there to help you feel better. We can say, "I CAN HAVE JOY WHEN I PUT MY TRUST IN JESUS," because even during times of sadness, God is there helping us. He loves us. Let's say this together, "I CAN HAVE JOY WHEN I PUT MY TRUST IN JESUS!" "I CAN HAVE JOY WHEN I PUT MY TRUST IN JESUS!"

FAITH IN GOD BRINGS JOY AND HAPPINESS! I hope you choose to trust Him so that you will have joy too! Let's pray together.

SIMPLE PRAYER:

Dear Jesus (Dear Jesus),
Thank you for (Thank you for)
Giving me joy (Giving me joy).
Amen (Amen)

MAIN LESSON DISCUSSION QUESTIONS:

WIGGLE TAMER: Give the kids their shakers and party blowers and let them make a joyful noise for a few minutes!

SMALL GROUP MEMORY VERSE ACTIVITY:

“A relationship with God is good! We begin to have faith in God when we realize that we can trust Him and that He is a loving Father. Once we put our trust in God, we will receive joy from Him! Just like our memory verse says, ‘blessed is the person who trusts in you.’”

Instruct the kids to hold hands in a circle. Tell them, “This is the circle of trust. It is a lot like when we put our trust in Jesus. Now everyone, hold hands and turn to the right. Now keep holding hands and turn to the left. Now go to the right again and go faster! Now faster. Now everyone let go and keep going faster! Uh oh! People are bumping into one another and falling down! Now stop. Everyone, stand up again and form a circle. Hold hands again and go to the left. Very good. Now sit down.”

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DISCUSSION QUESTIONS:

What does it take to have a close relationship with God?

When we trust God, how does God’s word say it will make us feel?

How do you think it will feel to be in heaven in God’s house where it is perfect and good?

SMALL GROUP GAME OR ACTIVITY:

(Ahead of time, prepare a phone, iPad, or another electronic device to play a YouTube video.)

https://www.youtube.com/watch?v=IQZX1IIAnLw&ab_channel=Super-SimpleSongs-KidsSongs

This Is A Happy Face | ft. Noodle & Pals | Super Simple Songs

Invite kids to act out emotions along with the song.

MAKE IT STICK

THE BIG BOOK OF EMOTIONS PRESCHOOL LESSON 10

4 SIMPLE WAYS
YOU CAN MAKE
THIS LESSON STICK
WITH YOUR KIDS

THIS WEEK'S LESSON:

Use these four common times in a preschooler's day to reinforce this week's lesson:



DRIVING:

How do you feel today? Why is putting our trust in Jesus something that gives us joy? When we feel safe, like we can trust someone, we feel much happier! This is how it is with God when we know we can trust Him!



PLAYING:

Put on some worship music and do some dancing, instrument playing, and singing! Sometimes it's fun to have a dance party at home!



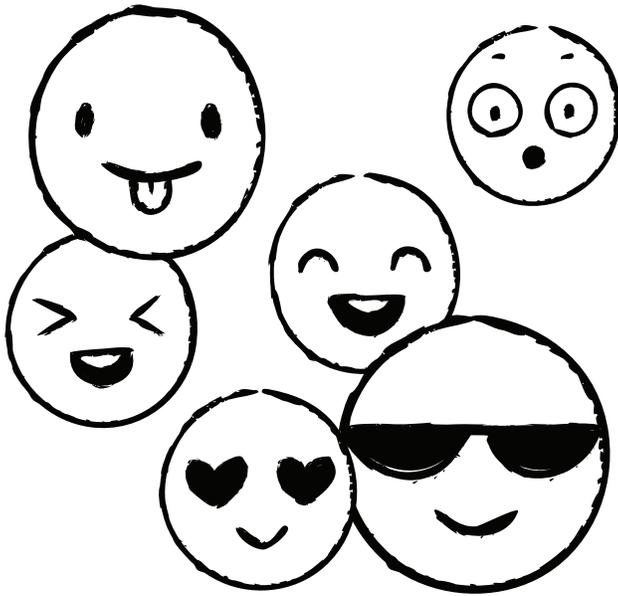
EATING:

Ask your child, "What food would you choose to celebrate with?" Work together to make that meal or dessert. Enjoy that food together and remind your child that you are eating this to celebrate the fact that you and your family have put their trust in Jesus! Pray together before you eat and thank God for being a God who is trustworthy and always keeps His promises.

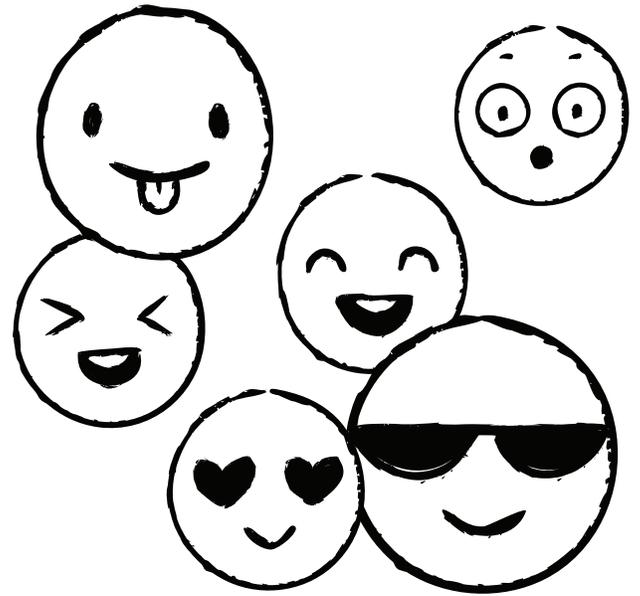


SNUGGLING:

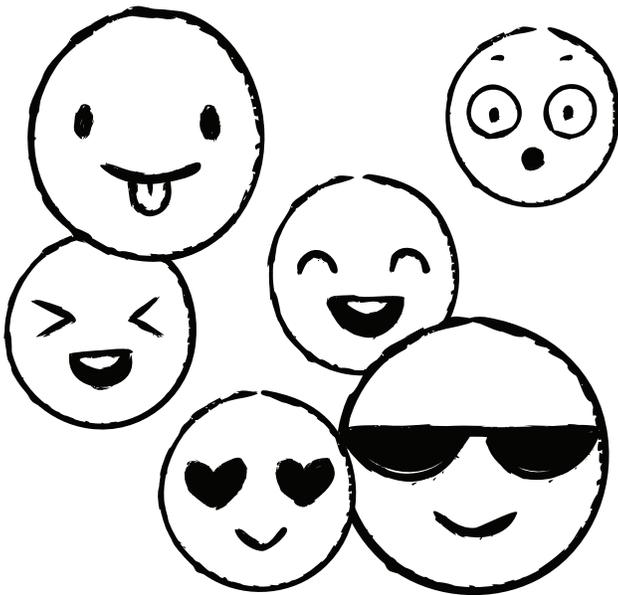
When you're rocking with your child at night, or reading a bedtime story, choose to read this week's Bible lesson at least one night of the week. (Psalm 84)



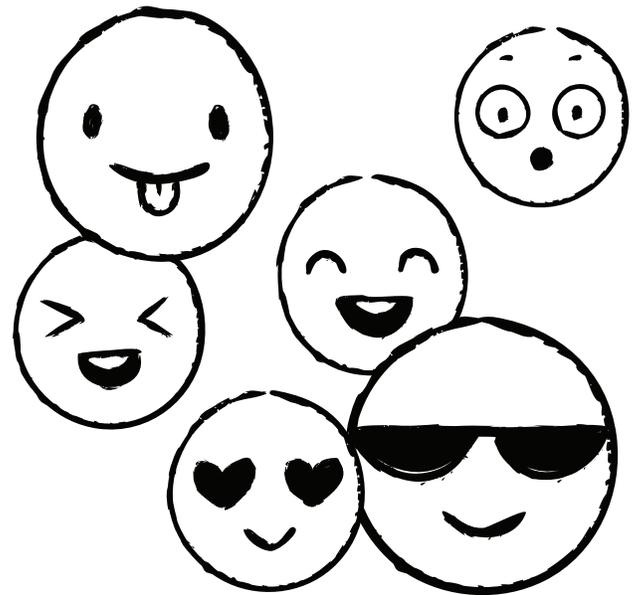
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